

CONCUSSION MANAGEMENT



The Concussion Management Team at McDonald Eye Care has specialized training in binocular vision deficiencies associated with concussion management.

We have years of experience treating athletes at the professional, college, and youth levels.

McDonald 
Eye Care
ASSOCIATES

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Vision Performance Center
at McDonald Eye Care

What is a **CONCUSSION?**

Concussion is defined as a traumatically induced transient disturbance of brain function and involves a complex pathophysiological process. Approximately ninety percent of concussions involve binocular vision dysfunction. While some resolve with rest and medical management over time; many do not.

Visual symptoms of a CONCUSSION:

- Poor tracking
- Decreased visual strength and endurance
- Change in visual posture
- Headache
- Reduced depth perception
- Difficulty concentrating
- Balance problems
- Light sensitivity

Co-Management

Once a concussion has been diagnosed by your concussion clinic specialists; a plan to get your athlete back to their sport safely is set in motion. Our doctors and therapists will determine the course of action through the Vision Efficiency Evaluation.

Visual Efficiency Evaluation

Our doctors will conduct a comprehensive vision evaluation consisting of 25 different tests to identify binocular vision dysfunction. Collected information will be used to develop a personalized treatment plan. The treatment will be conducted by our Vision Therapists who specialize in vision deficiencies associated with concussion management. As part of the co-management process, our team works in conjunction with your concussion clinic; advising them of your treatment plan and your progress.

McDonald Eye Care is the preferred referral source for the vision treatment of concussions by many Optometrists, Ophthalmologists, Psychologists, and Concussion Clinics in Minnesota.