
Eyelid Scrubs

Materials:

- Roughened washcloth
- OCusoft Lid Scrub
- Warm/Hot Water

Procedure:

- Obtain washcloth
- Single pump of OCusoft on wet washcloth
- Close eyelids
- Scrub upper and lower lids vigorously with washcloth (keep lids closed)
- If using Black OCusoft Bottle- Wash off soap after eyelids have been scrubbed
- Repeat with other eye

Repeat this procedure in the morning upon waking and in the evening before bed; or as prescribed by your doctor. If shampoo gets into the eye, just wash it out with cool water.